

Research indicates that the characteristics we are born with have much more influence on our personality and development than any experiences we may have in our life.

Which do you consider to be the major influence?

The way that people behave generally is associated ~~to~~with their genetics, although world and life experiences shape their attitudes and behaviors. Ultimately, this combination of the nurture and nature shape their personality and identity, but which factor can be more effective?

Genes are instruction dictating either how individuals' body is made or what traits they inherited from their parents like identical twins whose characters are quite similar because their genetic materials are almost exactly the same. Moreover, people in their childhood due largely to less experiences are usually influenced by their parents'~~s~~ demeanor and traits as a result of conveying heredity. However, the environment and its impacts can play a vital role ~~to~~in developing a person's character, so the interaction of both inheritance and social and family background can alter the way of living.

Therefore, if people ~~had~~have a whole diverse set of experiences and events over their lifetime, their genes ~~would~~will be expressed in distinctive directions such as twins growing up in different areas often behave according to what they have learned or ~~educated~~studied within their life not their heritable traits. On the other hand, individuals' purposes and abilities boost their personality which could outweigh their genes. For instance, as people age, they improve a stronger identity and also by the maturity principles, they tend to have stable emotions and positions like becoming more agreeable or aggregate/gregarious.

In conclusion, in spite of a complicated relation between genetic and life' experiences, every person could change the traits ~~underpinning~~underpinned by genes and improve the sense of self-control.